

Center for Parents and Teachers

Spring Workshops - 2010

“You Can’t Make Me!” – for parents of 3-9 year olds - with Bill Gresser, M.A., Marriage and Family Therapist □ This workshop will offer practical advice for dealing effectively with a variety of conflicts; and will help parents think about ways to diffuse problems before they turn into showdowns. 3 Wednesday evenings: **March 24, 31 and April 7** from 7:00 to 8:30 PM. Location: Ripley Building, Conf. Room 1. Fee: \$60-75 Sliding scale (Your full fee helps others attend.). Pre-registration required. Limited to 12. *Funded in part by the Northwest Suburban Health Alliance/CHNA 15 DoN funds from Lahey Clinic. To pre-register, please contact Angela at amartinez@colonial.net or 978-202-1143.*

"Raising Your Challenging Child" facilitated by **Patricia Marquis, LicSW, Family Therapist and Parent Educator** □ This 8-week series is for parents who often feel challenged by their 2 - 5 year-old child who is bright, interested in many things and also often uncooperative, who may have a hard time with basic activities such as mealtime and dressing. With gaining an understanding of temperament and practical tools, parents will better know how to anticipate problems and make appropriate adaptations. Dates: Monday evenings: March 29, Apr. 5, 12, 26, May 3, 10, 17, 24 from 7-8:30PM at Ripley Building, Conf. Room 1. Pre-registration required. Contact First Connections directly: 978-287-0221. Limited to 12 participants. No fee to attend. Partially funded by the “Children’s Trust Fund”.